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ASGA/SVCC
Jr. Golf Championship
March 25-26th

Tennis Socials
Ladies, Men’s, Mixed & Social Members

Spring is in the Air!!!

March 2017
Welcome Center
479-203-0000 x0 W
svcc@shadowvalleyinfo.com
www.shadowvalleyinfo.com

Welcome To “The Valley”

FEBRUARY
Mike & Deanna Cicatiello
Mark Lindon & Leslie Chambers
Cody & Julie Clemente
Tom & Debra Guthrie
Steve & Jeanine Hoefl
Henry & Caroline Jordan
Kevin & Kyla Lollar
Kevin & Kyla McAuley

JANUARY
Miguel & Becca Cortina-Molina
Douglas & Deborah Read

DECEMBER
Alex & Katie Baumeister
Brandon Clifford
& Page Rockwell
Mark Cook, Jr.
Timothy Gossett
& Mayumi Nakamura
Guanghao Lin
& Shangwen Huang
Anthony & Jeannette Walker
David & Lisa Wurm

Resale Homes: 33
All Shadow Valley Resale Homes listed in the MLS will be included on the SV website without any action required by the Homeowner or Realtor.

Homeowners with homes for sale are encouraged to have their Realtor use the Welcome Center and other SVCC facilities just as they do for new homes.

Gatehouse 203-0135
Please proceed slowly and be prepared to stop when entering or exiting the community for the safety of the staff and to allow them to read your vehicle sticker.

YOUR COOPERATION IS EXPECTED!
SVMPC Phase 8: The Garden Homes

Construction Has Begun!!!
Contact Charles, Rich or one of the SV Builders for further details.

Think About Others And
OBSERVE THE TRAFFIC RULES:
"18 MPH" / "STOP" / "GOLF CART X-ING"
This is a community filled with families (especially kids) wanting to enjoy the outdoors. Be considerate of others!
Hold your friends, neighbors and their guests accountable!
Membership Information

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Initiation Fees</th>
<th>Monthly Dues</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social</td>
<td>$1,000</td>
<td>$110</td>
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<tr>
<td>Tennis</td>
<td>$2,250</td>
<td>$190</td>
</tr>
<tr>
<td>Golf</td>
<td>$5,000</td>
<td>$350</td>
</tr>
</tbody>
</table>

Transfer Fee: $250

SVCC Department Numbers
Welcome Center 203-0000 x 0
Overlook Restaurant 203-0000 x 1
Golf Shop 203-0000 x 2
Tennis Shop 203-0000 x 3
Fitness Center 203-0000 x 4
Children’s Act. Ctr. 203-0000 x 5
GM’s Office 203-0000 x 6

Staff Directory
General Manager
Rich Reaves 903-4141
Overlook Manager & Executive Chef
Aaron Nix 203-0000 x 1 or 9
Director of Golf
Ed Carlisle, Jr. 203-0000 x 2
Golf Course Superintendent
Jason Ward 203-7046
Director of Tennis
Luke White 203-0000 x 3
Director of Fitness
Bruce Williams 203-0000 x 4
Office Manager
Teresa Booher 203-0000 x 6 or 236-5877 C
SVPOA Gatehouse
Sam McCord 479-203-0135

Payment Policy
There are two options for purchases at SVCC:

1) Utilize the credit card that you registered with SVCC to be kept “on file.”
2) Present a credit card at the time of transaction.

If you do not have a card on file or would like to add a card, please stop by the Welcome Center.

Children’s Activity Center
The Children’s Activity Center (CAC) is a great asset for SVCC which allows your kids to enjoy a great atmosphere and numerous activities while you take advantage of what you want to do throughout the rest of the Club.

In order to make the CAC experience the best possible for all involved, your help and cooperation is expected.

CAC Reminders
- Please allow enough time to sign in all kids and inform us of any outstanding issues we should be aware of relative to your child.
- Please DO NOT bring in any sick children (if they have a fever or otherwise are ill, you will be contacted to pick them up).
- Make sure all kids in diapers are “changed” prior to entering and provide additional diapers in their bag.
- Leave “personal” toys or other such items at home.
- You MUST REMAIN on SVCC property (not the development or elsewhere) to leave your child in the CAC.
- Absolutely NO outside snacks/food will be allowed inside the CAC. Many children have allergies to certain foods (most commonly peanuts). In an effort to minimize the problem, our snacks are limited to Cheerios and Goldfish and we do not allow any food items to be brought into the CAC.
- Sign In/Out: Please remember to sign in your child’s FIRST & LAST NAME as well as your SVCC location (fitness, tennis, golf, restaurant, etc.). If you DO NOT sign your child/children in, there will be an additional $5 charge added to your bill (daily and monthly included).
- Non-Member fees are $7.00 per child for the first two hours and $3.00 per child for each additional hour.
- Feeding Policies: CAC personnel will only bottle/sippy cup feed infants and toddlers. No solid baby foods.

CAC Pics of the Month

Clubhouse Hours Of Operation
The Clubhouse will be open at 8:00 AM to 10:00 PM 7 days a week. These times are subject to change when special events, weather, etc. warrant.

See the department sections for specific hours or call 203-0000 x 0.

Check www.shadowvalleyinfo.com for closing information.
Lookout Lounge

Must Be 21 To Enter!!!

Great Happy Hour Specials!
Special Food & Drink Menu
Check Facebook For Details

Happy Hour Daily Food & Drink Specials!!!

Lookout Lounge Hours: Mon-Thu 4-10pm & Fri-Sun 3-10pm
**Chef Aaron’s Notes**

The Overlook Patio is one of the best venues in the area to watch the sunset and enjoy the evening with friends and family. With the great weather that we’ve been having I am happy to announce that our Friday night live music will be making a return. Every Friday from 7-10pm we will have various musicians from around the area playing some great music in The Overlook and on the patio (weather permitting). We will be kicking off this year with one of your favorites, Jeff Fox playing on March 3rd. Be sure to make your reservations to come out and enjoy the show.

This year’s Daddy Daughter Dance was packed with little princesses smiling from ear to ear. Thanks to DJ Sean for playing the tunes and our special visitors, Cinderella and Elsa for leading games and taking pictures with all the girls and their dads too!

I would like to thank everyone that came out to the Lookout Lounge for Valentine’s Day. We had a good turnout and got some great feedback about some of our new wines that have started to take off. Be on the lookout for these new selections and I look forward to bringing some more new and exciting options in both the Lookout Lounge and The Overlook.

This is a great time of year as we transition to warmer weather. This opens up new ingredients to utilize and new menu opportunities. We will be moving our main menu as well as the Specials page in The Overlook to feature some of these items and give the restaurant menu more of a springtime feel. Some of my favorite dishes utilize simple ingredients that when put together create a great fresh dish that really stands on its own.

To stay up to date, stop by or contact the Welcome Center and add your name to the email distribution list that is sent every morning containing the daily specials and upcoming events including St. Patrick’s Day on March 17th.

As always if you have any questions or concerns please feel free to contact me.

**Chef’s Tables / Events / Meetings / Parties**

The opportunities are endless...Baby Showers, Bunco Night, Graduation Parties, Rehearsal Dinners, Business Meetings and Meals. You name it, we’ll work with you to plan it.

Our various rooms in the Clubhouse have spaces to accommodate groups from 10-180. We look forward to working with you to customize your menu and event décor to meet your expectations at a fraction of the price of other event venues.

**Policies, Rules & Regulations**

- Although reservations are not required for normal dining, we highly encourage them. It allows us to be prepared for you and offer the best service possible; however, if you are more than 15 minutes late, your reservation will be forfeited so that we may accommodate other patrons.
- Reservation cancellations for any of our special meals or events that require reservations require a 72 hour or otherwise stated notice. Otherwise, you’ll be charged 50% of the party’s reservation.
- Be mindful of your child’s behavior. The Overlook is a casual environment, but it’s also a fine dining experience for many.
- Children need to be at a table and supervised by an adult at all times and are not permitted to be roaming around the Clubhouse (inside or out).
- Please allow us to seat you, inside or outside.
- Must be at least 21 to sit at the bar or ENTER the Lookout Lounge.

**Email Distribution List**

Contact the Welcome Center to add your email to the distribution list and stay informed (list not shared).
**DRINK SPECIALS!!!**

**Happy Hour Weekdays (2-6pm)**

**Beer**
- Domestic Drafts
- $3 Pints & $4 Pilsner
- Craft Drafts
- $4 Pints & $5.50 Pilsner
- $2.50 Domestic Bottles
- $3.50 Craft or Import Bottles

**Wine**
- $4 House Wine

**Liquor**
- $7 Top Shelf Long Island
- $5 Club Zero or House Long Island
- $5 House Margarita or Mojito
- $3 Well Drinks

**Daily Drink Specials (5pm - Close)**

**Monday**
- $2.50 Domestic Bottles & $3 Drafts
- $3.50 Import/Craft Bottles & $4 Drafts

**Tuesday**
- $5 Emerald Rain Martini

**Wednesday**
- $5 Grasshopper Martini

**Thursday**
- $5 Irish Coffee

**Friday**
- $5 Shamrock Juice

**Saturday**
- $5 Irish Cola

**Sunday**
- $4 House Wine or $3 Well Bloody Mary

*Note: Subject to change without notice*

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**Birthday Dinner Night**

Dine in on your birthday and get a complimentary appetizer or dessert with your meal. No Rain Checks!

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**Kids Eat Free**

**Monday - Thursday 5-9pm**

Let us cook for the kiddos!!! Kids Eat Free Monday through Thursday from 5-9 pm. We are offering a complimentary Kids Meal (excluding "Kids Entrées") with the purchase of each adult entrée (includes ala cart protein with 2 sides).

*Dine in only!!!*

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**Hours of Operation**

***New***

Every Day 11AM-10PM

*Note: The Kitchen closes at 9:00PM*

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**Chef’s Latest Creations**

- Tilapia Picatta
- Blackened Mahi & Asparagus
- Turkey Croissant
- Airline Chicken
- Grilled Salmon Pasta
- Bourbon Bacon Chicken
- Steak Pasta
- Blackened Mahi
- Lobster Egg Roll
- Steak Pita
- Seared Duck Breast
- Chilean Sea Bass

Come join us and try these and other wonderful dishes.
MARCH 2017

Group Class Schedule

<table>
<thead>
<tr>
<th>Day of Week</th>
<th>Start Time</th>
<th>Class Type</th>
<th>Class Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>6:00 AM</td>
<td>Spin (Cycling) w/ Cindy</td>
<td>Belfry Room</td>
</tr>
<tr>
<td></td>
<td>8:30 AM</td>
<td>Boot Camp / HIIT with Stacie</td>
<td>Belfry Room</td>
</tr>
<tr>
<td>Thursday</td>
<td>6:00 AM</td>
<td>Spin (Cycling)</td>
<td>Belfry Room</td>
</tr>
<tr>
<td></td>
<td>8:15 AM</td>
<td>Boot Camp / HIIT w/ Stacie</td>
<td>Belfry Room</td>
</tr>
<tr>
<td>Saturday</td>
<td>8:00 AM</td>
<td>Spin (Cycling) w/ Cindy</td>
<td>Belfry Room</td>
</tr>
</tbody>
</table>

Personal Training Pricing

**PRIVATE PERSONAL TRAINING (30 Minute Sessions)**

| # Session(s) / S Amount: | 1/$35  5/$170  10/$295  20/$570 |

**SEMI-PRIVATE PERSONAL TRAINING (40 Minute Sessions)**

| # Session(s) / S Amount: | 1/$30  5/$150  10/$275  20/$530 |

Purchased sessions are non-refundable and expire 2 months from date of purchase. All transactions and booking are processed via Mindbody through Bruce. The Mindbody app is available in your App Store so you can sign up for classes and make your payments.

Note: Inclement Weather Policy - When local schools close due to weather-ALL classes are cancelled!

MON - FRI

5:00AM - 10:00PM

SAT - SUN

7:00AM - 10:00PM

2017 Fitness Trends

TRX Training

Instructor / Trainer Cindy V

How To Fall Asleep

Harvard-trained holistic health doctor Andrew Weil, the 4-7-8 technique

- Breathe in through your nose quietly for a count of 4
- Hold your breath for a count of seven
- Blow air out through your mouth for a count of 8, making a ‘whoosh’ sound
- Repeat the process three more times

Contact Information

203-0000 x 4
getmuddy5@gmail.com

Bruce Williams
Director of Fitness
479-203-0000 x4 W or 479-899-8707 C
getmuddy5@gmail.com

Since SVCC’s opening, I’ve been the Director of Fitness at SVCC providing the following services:

- Personal Training
- Various Group Classes
- Kids Fitness Activities
- Nutrition & Meal Planning
- Sport Specific Training Plans
- Rehabilitation & Physical Therapy

I’ve made my career in the fitness industry. I have a Masters of Exercise Science from the University of Arkansas, but just as important is my 22+ years experience working with clients ranging from professional athletes to weight room beginners.

Why use a professional trainer? Accountability, safety, intensity, new training routines and nutritional advice, etc.

Please feel free to contact me to talk about your next step in achieving better health and wellness. Ask me about setting up your free one-time fitness orientation.
**NEW TRAINER: STACIE MOUNTAIN**

Stacie is a certified personal trainer through the National Academy of Sports Medicine and a nutritionist certified through the International Society of Sports Nutrition, and has B.S. in Dietetics. Stacie has been training clients full-time for 2 years and has worked with clients of all fitness levels...from those who have never stepped foot in a gym to competitors stepping on stage...and everything in between. All fitness levels are welcome including men and women, pregnant and post-partum women and clients of different age groups.

In Stacie’s words: Personally, I have competed in multiple Figure and Fitness competitions through different federations over the past 5 years. This summer I received my Pro Card with the WBFF. I have completed 2 Tough Mudders, a half marathon, and multiple 5K benefit races. I enjoy challenging myself physically and mentally with different fitness ventures. Prior to being a trainer/nutritionist I worked full-time as an EMT on the ambulance in Springfield, MO and I continue to work PRN as an EMT to this day.

**Contact Information**
Phone: 417-861-0121
Email: fit911chick@gmail.com
Website: http://www.fit911chickpersonaltraining.com/
Facebook: https://m.facebook.com/Fit911Chick/

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**COME TRY STACIE’S CLASS!**

TRX, Weight training and core workouts every Tuesday and Thursday! Come try 2 classes FREE! Great results and fun with your friends! All you have to do is show up-no reservations needed! Classes are held on the Third floor in the Clubhouse (across from Childrens Activity Center).

**20 MINUTE WORKOUT OF THE MONTH**

- 10 Reps: Ball Chest Press
- 15 Reps: Ball / Wall Squat
- 20 Reps: Ball Crunch
- 25 Reps: Ball Low Back
- 1 Minute Cardio
- 1 Minute Recovery

Repeat for 20 minutes, then stretch!
The Shadow Valley Junior Academy is designed for players interested in reaching an advanced level of tennis including preparation for State/Sectional junior tournaments and later in preparation for high school/college teams.

There are different levels in the Academy starting from 8 & Under through High School/College Prep level.

**Upcoming Events/ Tournaments**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/9</td>
<td>Ladies Night</td>
</tr>
<tr>
<td>3/10</td>
<td>Jr All Sports Night</td>
</tr>
<tr>
<td>3/16</td>
<td>Men’s Night</td>
</tr>
<tr>
<td>3/17-19</td>
<td>USTA League Midseason 1 (Little Rock)</td>
</tr>
<tr>
<td>3/31</td>
<td>Social Members Intro to Tennis Evening</td>
</tr>
<tr>
<td>4/7-9</td>
<td>USTA League Midseason 2 (Little Rock)</td>
</tr>
<tr>
<td>4/10</td>
<td>Jr Academy and Adult Beginner Classes End</td>
</tr>
<tr>
<td>4/13</td>
<td>Mixed Troubles Social</td>
</tr>
<tr>
<td>4/21</td>
<td>Jr All Sports Night</td>
</tr>
<tr>
<td>5/5-7</td>
<td>USTA League Midseason 3 (Little Rock)</td>
</tr>
<tr>
<td>5/19-21</td>
<td>Raymond James Adult Tournament (PCC &amp; SVCC)</td>
</tr>
</tbody>
</table>

Note: All events are subject to change without notice.

**Social Member Intro To Tennis Evening**

Our Social Member tennis intro is Friday, March 31st. This event will be an introduction to tennis evening for our junior and adult Social members from 5-8:00pm. We will run a clinic for children age 6 and up with the fundamentals of tennis and fun games. Then we will transition to adults at 6:30-7:00pm with on court adult beverages moving into drills for those who have played before and fundamentals for those who have not. Then from 7-8:00pm we will have a fun court of games and two courts of doubles play. The cost will be $10 per person and includes the adult beverages. Please contact the Tennis Shop with any questions or to sign up.

**Jr. Academy & Adult Beginner Classes**

The week of Monday, May 1st will be the start of our next session!! Signups are currently posted in the Tennis Shop so give us a call or stop by and we will sign your junior/s up for our beginner or competitive programs or yourself for our adult beginner classes.

**Cardio Tennis**

In about an hour, you can get an AMAZING workout, socialize, and enjoy tennis...simultaneously! Staff led classes are run on Saturdays @ 10:30am and Tuesdays @ 7pm.

**WLFC/SVCC Winter Doubles Classic By**

Like I said in last month’s newsletter this is largest doubles tournament in Arkansas, but 262 players!!! Amazing numbers for 2017 and we really appreciate the support from our members. Out of 16 events our members pulled in hardware from 11 of them, how could we not assume that our members would not do so?! Another little tidbit from the tournament...8 of the championship teams were SV members, meaning SVCC produced the most champions of any club / facility from Bella Vista to Fayetteville. Congratulations and here are all of the results:

- W2.5 Finalists: Anne Vargo / Sarita Stephens
- W3.0 Champs: Jamie Lamontagne / Shannon Allen
- W3.0 Finalists: Tracy Butler / Danielle Shealy
- W3.5 Champs: Allison Van Matre / Alysia Treece
- W4.5 Champs: Jazmine Taylor / Thea Fernstrom
- MX 6.0 Champs: Mike & April Hultquist
- M3.0 Champs: Eduardo & Thomas Mariscotti
- M3.5 Champs: Jimmy Corbett & Partner Bobby Willis
- M3.5 Finalists: Robert Taylor & Partner Jason Stanley
- M4.0 Champs: Steve Martin & Partner Gordon Goldstein
- M Open Champs: Rob Suski & Partner Mike Stephenson

Thanks to all participants, WLFC & SVCC staffs and especially Village Insurance for sponsoring this great tournament!!!

**SV Junior All Sports Nights**

All I can say is 68 KIDS!!! January’s All Sports night marks our largest junior night EVER. We thought 50 from our last event in 2016 was big, this absolutely crushed it. The next junior night is Friday, March 10th 6-8:30pm and the cost is $20 for members and $25 for guests of members. As usual we will play a ton of games from tennis to dodgeball and have dinner and drinks for the kids. Please contact the Tennis Shop with any questions or to sign up.

**SVCC Tennis Mixers - NEW**

We are adding a new element to our Mixed Troubles, Men’s and Women’s Mixers in 2017. The fun social doubles aspect, appetizers and beer and wine will still be involved but we are adding a 45 minute clinic at the beginning of the socials where Jordan and myself will run fun drills for all participants with games like Ping Pong, Fireball, California Kill, Chaos, Touch the Fence and many more!!!

If you want to find out what these are all about you will have to sign up and check it out in person. All three of these events are coming up soon: Ladies Thursday, March 9th, Men’s Thursday, March 16th and Mixed Troubles Thursday, March 13th. The cost will still be $25 for members, $30 for guest of members. The March events will be capped at 24 players and April Mixed Troubles at 56 players. Sign up ASAP so you do not lose your spot in these ultra fun mixers!!
Tennis Pics of the Month

For the month of March we are discounting any special order Wilson racquet. As you know we have three models that are now using the amazing new Countervail technology from Wilson (Blades, Burns and Pro Staff models). I can’t tell you how many comments I’ve gotten from those of you that have purchased these racquets...they absolutely love them.

So our deal for this month...choose the string you would like in the racquet and we will discount the retail price by that much!! So if you want Luxilon Savage ($36) and a Blade 98 ($219), the price comes down to $183!! You will not find that pricing anywhere online!! If you haven’t hit with these racquets yet come in and demo them!!

MARCH MERCHANDISE SPECIAL

2017 WILFORVCC Winter Classic Doubles
Presented by
Walton Life Fitness Center
Village Bankers, Inc.

COUNTERVAIL
Reduced Vibration
Increased Power
Increased Control
Less Reps from Shoulder

Luke White
Director of Tennis
479-203-0000 x3 W
tennisdirector@shadowvalleyinfo.com
Although February is a short month, we were able to get some of the major projects knocked out. Hole #9 received a lot of attention last month as we replaced an 18-inch culvert pipe that runs under the cart path and helps to protect our pump station from flooding. The pipe was crushed in several areas as well as being pulled apart at the joints. We replaced the bad areas with a new 20’ stick of plastic drainage pipe which has allowed proper water flow away from the pump station. We also did some irrigation work around #9 green surround. We moved two of the greens heads to get better coverage across the green as well as leveling them. We then added a new quick coupler to the surround to allow for easier hand watering during the hot and stressful summer months.

This month we should see a couple of projects that we started earlier this year get wrapped up. We are down to the last few holes on leveling the sprinkler heads around the greens. I know a big question is when the chipping greens area will be finished. We will be installing the irrigation and drainage this month followed by the seeding of the green. We will install a tarp over the seed to keep it warm but we are hoping for the same great weather that we had in February to help boost the seed along.

As much as we love the warm weather and the sunshine that we have been having it has caused us to move up some of our spraying and mowing applications. Usually, we delay our pre-emergent herbicide applications until mid-March but we had to get out earlier than normal as the weed’s seeds have had great conditions for germination. While spraying we have used a blue dye to indicate where we have sprayed in case some of you were wondering why there is all this blue tint throughout the golf course.

On a different note I would like to ask you to please stop running over the stakes that line number 9 cart path. It is very expensive to have to send an employee out to pick them up, bring them back to the shop, straighten them out and then have to go and put them back. This causes damage to the golf carts as well. The stakes and ropes are there as a form of protection for you as well as the golf course.

Please feel free to stop me on the course or contact me with any questions and please remember to repair divots and fix ballmarks.
Vandalism
Help us protect the course. If you see someone acting suspiciously or witness anyone on the course not playing golf, please notify the Golf Shop or the Gatehouse to report such incidents.

We utilize multiple wireless cameras on the Golf Course. Property damage detected by these cameras will be used to prosecute the responsible individual(s) to the fullest extent of the law.

Golf Course & Paths
No one is allowed on the Golf Course (including cart paths) unless they have checked in with Golf Shop personnel. If the Golf Shop is closed, so is the Golf Course.

Any unauthorized activity on the Golf Course is not allowed and risks suspension of membership privileges.

Remember, Parents / Legal Guardians are responsible for Minor Children.

Personal Carts & Vehicles
Personal Carts and Vehicles will NOT be allowed behind the Clubhouse or on any cart paths. Personal vehicles may only be driven on the ASPHALT portions of the Clubhouse parking lot and are to be parked in the designated cart parking spaces.

Please monitor the drivers as many of you have expressed concerns about the “reckless” driving.

Community Cart Maintenance & Reminders
MAINTENANCE - It’s very important that your leased cart is well maintained. Therefore, if you are leasing a cart we REQUIRE that you bring your cart in for monthly service. We will check the battery water level, check the tire air pressure and clean the cart. Your cart should be ready for pick up within 24 hours.

DON’T BREAK YOUR LEASE AND LOSE YOUR CART!!!
You are in violation of your lease if you are:
- Strapping kids in the bagwell.
- Allowing anyone not in your household to drive the cart.
- Stopping at a house during a round to get food or beverages.
- Letting kids without a driver’s license (not a permit) drive the cart.
- Driving anywhere on the course without first checking in at the Golf Shop PRIOR to playing (and yes that includes at night).

If you have any questions about Community Carts, please contact the Golf Shop.

SVLGA & SVMGA
For information on joining the SVLGA or the SVMGA, please contact the Golf Shop or any member of the Board.

FB: Shadow Valley Ladies Golf Association
FB: Shadow Valley Men’s Golf Association

Guest Play: Policies / Procedures / Packages
Our goal is to serve our members and their guests in a professional, friendly manner.

Guest Policies & Procedures
- Members are responsible for their guests.
- All Guests MUST check in at the Golf Shop PRIOR to any play (including warm-up) and must be accompanied by the member.
- Tennis and Social members plus Benton and Washington county residents may only play 4 times per calendar year and must be accompanied by a Golf member.
- Inform your guest of the dress code.
- Always call ahead for a tee time.
- Inform the staff BEFORE your guest arrives with any special instructions on how you’d like to handle any payments.
- Members who have guest(s) that “sneak on” will be charged for a full round of golf and are subject to suspension of privileges.

Guest Fee Gift Packs
8 Pack $481* ($60 per guest)
12 Pack $683* ($57 per guest)
16 Pack $832* ($52 per guest)
* = Non-Refundable

SVLGA & SVMGA
For information on joining the SVLGA or the SVMGA, please contact the Golf Shop or any member of the Board.

FB: Shadow Valley Ladies Golf Association
FB: Shadow Valley Men’s Golf Association

Community Carts Available
Come check out the Community Carts. These are great carts for all kinds of reasons, not just for golf!

Hole-In-One Club!!!
Sign up for the Hole-in-One (HIO) Club before you tee up your next round! Any time a member of the HIO Club records an ace, we will bill each member of the HIO Club $10.00 (half will be applied to the Overlook and half to the Golf Shop’s credit book).

Frost Delays
In our area of the country, golfers occasionally face frost delays in the winter, thus pushing back starting tee times. When frost is present golf course superintendents delay play until the frost has melted. This is done to prevent damage that affects the quality of the playing surface. Bottom line...check with the Golf Shop before you play!!!

March Hours
(7 Days A Week)
Shop: 8:00am - Sunset
Course: 9:00am - Sunset
Practice Facilities: 9:00am - Sunset
Note: Range closes at 4:00pm SUN & WED
Please call ahead for current conditions.
Jack Frost Is Back!

Our annual Jack Frost winter tournament will run until March 15th. The format is a modified Stableford scoring system.

<table>
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<tr>
<th>Pts</th>
<th>Name</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>29</td>
<td>Will Malatesta</td>
<td>29</td>
</tr>
<tr>
<td>26</td>
<td>Chris Clarry</td>
<td>26</td>
</tr>
<tr>
<td>22</td>
<td>Marcus Meadows</td>
<td>22</td>
</tr>
<tr>
<td>20</td>
<td>Dave Pollard / Jason Van Matre</td>
<td>20</td>
</tr>
<tr>
<td>18</td>
<td>Drew Miller / Jeff Woodcock</td>
<td>18</td>
</tr>
<tr>
<td>16</td>
<td>Kathleen Paffenroth</td>
<td>16</td>
</tr>
<tr>
<td>15</td>
<td>Scott Livingston</td>
<td>15</td>
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<tr>
<td>14</td>
<td>Scott Farmer</td>
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The entry fee is $25 for 10 rounds (5 additional rounds for $15). Golfers must notify the Golf Shop before the round if they want their score to qualify. Tournament starts March 8th.

Ed's Golf Chat

Spring is almost here and with the change of season, we will be picking up the pace and you will see more events at the club for you to enjoy. February and March is when all the golf manufactures come out with the new product for the year. We will be having Demo Days (11am-4pm) from the following manufacturers: Titleist on March 11th, Callaway Demo on March 18th and FootJoy on April 14th. This is a great way to try the latest and greatest equipment. Hope to see you on the Range!

If you are not sure what the event is, please call the Golf Shop or e-mail me at edcarlisle@pga.com and I will be happy to explain the event in detail. Our priority is making golf for you and your family as enjoyable as it can be here at Shadow Valley.

PGA Golf Instruction

“Swing Under Construction: Nick Woodhouse”

It is the Golf Staff’s primary goal to center our interest around your progress in the game of golf. Our teaching program will soon be in full swing, so be sure to schedule a golf lesson to fine tune your swing for the season.

Carlisle PGA Junior Golf Academy

Starting in March 1st

The Carlisle PGA Jr. Golf Academy is designed to provide advanced instruction for junior golfers who have a basic understanding of the game of golf. Students will get hands on coaching from a Certified PGA Professional in every facet of the game. This is a great opportunity for juniors to develop the skills needed for high school or competitive golf.

Ages 6-16
Students can attend up to 8 Clinics per month.

Instruction Areas:
• Target alignment, short game and putting concepts
• Skill acquisition and refinement for golf swing: Full swing theory
• Balance and flexibility
• Scoring and rules of golf
• Course management

Dates & Times (Weekly)
Wednesdays from 4:30 - 5:30pm
Saturdays from 11:00am - 12:00pm
Cost: $100 Per Month

Carlisle PGA Ladies Golf Academy

Starting in March 4th

The Carlisle PGA Ladies Golf Academy is all about having fun. This Academy is geared around having fun while providing time with the golf coach to receive a deeper understanding of the short game and golf swing as well as how to play on the golf course. Beginning golfers, infrequent golfers, former golfers, and tournament golfers are all encouraged to be part of this experience.

Students can attend up to 8 Clinics per month.

Instruction Areas:
• Target alignment, short game and putting concepts
• Skill acquisition and refinement for golf swing: Full swing theory
• Balance and flexibility
• Scoring and rules of golf
• Course management

Dates & Times (Weekly)
Thursdays from 6:00 - 7:00pm
Saturdays from 9:00 - 10:00am
Cost: $100 Per Month
Need to find the correct gap distance between your wedges or the maximum distance from your driver? Stop by the Golf Shop and get fit with our launch monitor. Titleist, Ping and Callaway have all made impressive changes to their golf equipment lines this year. They are available in the Golf Shop, so stop in to demo them or to schedule a club fit.

**Callaway GOLF**

A better game by design.

**Titleist**

**FootJoy**
SVCC Member Results

Women’s 3.5 Champs
Allison Van Matre & Alysia Treece

Women’s 2.5 Champs
Anne Vargo & Santa Stephens

Women’s 3.0 Champs
Jamie Lamontagne & Shannon Allen (NM)

Women’s 4.5 Champs
Jazmine Taylor & Thea Fernstrom

Men’s 3.5 Champs
Jimmy Corbett & Bobby Willis

Women’s 2.5 Finalists
Danielle Shealy & Tracy Butler

Women’s 4.5 Finalists
Danielle Shealy & Tracy Butler

Men’s 3.0 Champs
Eduardo & Thomas Mariscotti

Women’s 3.0 Champs
Jamie Lamontagne & Shannon Allen (NM)

Men’s 3.0 Champs
Eduardo & Thomas Mariscotti

Men’s 3.5 Champs
Allison Van Matre & Alysia Treece

Men’s 3.5 Finalists
Jasen Stanley & Robert Taylor

Men’s 4.0 Champs
Gordon Goldstein & Steve Martin

Women’s 4.5 Finalists
Jazmine Taylor & Thea Fernstrom

Men’s Open Champs
Rob Suski & Mike Stephenson (NM)

Men’s Open Finalists
Men’s 4.0 Champs
Gordon Goldstein & Steve Martin

The Hardware!!!
Thanks & Congratulations!!!