



OVERLOOK RESTAURANT

TAKE OUT MENU

Call 203-0000 x 1

FEBRUARY 2010

STARTERS

CHIPS AND SALSA

Tri-colored tortilla chips with house made salsa

\$3.99

With Queso \$5.99 Tableside Guacamole \$6.99

NEW

CREAMY SPINACH AND ARTICHOKE DIP

Served with crispy tri-colored tortilla chips

\$7.99

NACHOS GRANDE

Tri-colored tortilla chips topped with blended cheeses, pico de gallo, jalapeños, black beans, olives, queso, sour cream and guacamole

Plain \$6.99 Ground Beef \$7.99 Chicken \$8.99 Sirloin \$9.99

VALLEY TACOS

Two hard or soft shell tacos served with blended cheeses, lettuce, avocado, pico de gallo and salsa

Ground Beef \$5.99 Chicken \$6.99 Tilapia \$6.99

ULTIMATE QUESADILLA

Pico de gallo, bacon, blended cheeses, jalapeños in a jalapeño-cheddar wrap

Plain \$6.99 Chicken \$8.99 Sirloin \$9.99

POTATO SKINS

Crispy fried potato wedges with applewood bacon, blended cheeses, sour cream and salsa

\$5.99

VEGETARIAN QUESADILLA

Portabello mushrooms, grilled vegetables, chipotle creme fraiche, flour tortillas and a poblano field green salad

\$7.99

BONELESS BUFFALO WINGS

Served with celery sticks, creamy blue cheese dressing and glazed with your choice of hot or barbecue sauce

\$7.99

NEW

CRISPY DIM SUM

Pork and shrimp dumplings served with a sweet chili oil and an Asian fry salad

\$7.99

NEW

CHICKEN TAQUITOS

Lightly fried chicken rollups with guacamole, sourcream, shredded lettuce and diced pico de gallo

\$8.99

NEW

THE VALLEY SAMPLER TRIO

Choose three appetizer selections with accompanying sauce

\$10.99

SOUP AND SALADS

SOUP DE JOUR

Cup \$3.99 Bowl \$5.99

HOUSE SALAD

Spring mix with julienne vegetables, parmesan cheese and croutons

Dinner Salad \$3.99 Soup and Salad Combo \$6.99

WARM HAZELNUT CRUSTED GOAT CHEESE SALAD

Mixed greens, pecans, asparagus, candied apples, grape tomatoes
and a raspberry vinaigrette

Plain \$5.99 Chicken \$7.99 Salmon \$9.99

BABY SPINACH SALAD

Strawberries, crumbled blue cheese, shaved red onion,
crispy applewood bacon, egg and warm bacon vinaigrette

Plain \$5.99 Grilled or Blackened Chicken \$7.99 Shrimp \$9.99

GRILLED ATLANTIC SALMON SALAD

Mixed greens tossed with red onions, cucumbers, sliced almonds, feta cheese
with a balsamic vinaigrette

Plain \$5.99 Chicken \$7.99 Grilled Shrimp \$9.99 Grilled Salmon \$9.99

HOT HOUSE TOMATO AND BUFFALO MOZZARELLA SALAD

Spring mix, grilled asparagus, basil pesto sauce and balsamic vinaigrette

Plain \$5.99 Chicken \$7.99 Grilled Shrimp \$9.99 Grilled Salmon \$9.99

GRILLED CAESAR SALAD

Chopped romaine, parmesan cheese, croutons and creamy caesar dressing

Plain \$5.99 Chicken \$7.99 Shrimp \$9.99 Sirloin \$9.99

TACO SALAD

Romaine, black olives, black beans, red onions, jalapeños, pico de gallo and
blended cheeses in a crispy tortilla basket

Ground Beef \$7.99 Chicken \$8.99

COBB SALAD

Minced bacon, shaved egg, avocado, blue cheese crumbles, diced tomato and a poblano ranch dressing
\$8.99

SHADOW VALLEY WEDGE SALAD

Ancho marinated sirloin, roasted corn, roasted red peppers, balsamic glazed onions, oven roasted tomatoes,
cilantro, ancho spicy polenta croutons and chipotle ranch over a wedge of romaine

\$9.99

Salad dressing selections: Balsamic Vinaigrette, Raspberry Vinaigrette, Blue Cheese, Honey Mustard,
Ranch, Fat-free Ranch, Italian, French and Thousand Island

SVCC Bar & Grill accepts credit or debit cards only. An 18% gratuity will automatically be added.

GOURMET PIZZAS

BIG KAHUNA PIZZA

Mozzarella, provolone and parmesan cheeses, smoked bacon, sweet pineapple, canadian bacon, red onions and housemade marinara on a sundried tomato whole wheat crust

Medium \$10.99 Large \$12.99

NEW

SHADOW VALLEY "CHICAGO STYLE" PIZZA

Housemade thin crust pizza with mozzarella, italian sausage, pepperoni, sliced salami and provolone cheese topped with housemade marinara sauce

Medium \$10.99 Large \$12.99

NEW

THE VEGETARIAN ZONE

Peppers, onions, mushrooms, black olives, cherry tomatoes, spinach, mozzarella, provolone, parmesan cheese and alfredo sauce on a sundried tomato whole wheat crust

Medium \$10.99 Large \$12.99

YOUR OWN PIZZA TRADITIONAL PIZZA

Sausage, hamburger, pepperoni, peppers, onions, olives, pineapples, mushrooms, canadian bacon, and jalapeños

Small 2 topping \$6.99 Medium 2 topping \$8.99 Large 2 topping \$10.99

Additional Toppings .50 each

SANDWICHES

SV CLUB SANDWICH

Served on choice of bread with sliced turkey and ham, swiss and cheddar cheese applewood smoked bacon, lettuce, tomato and mayonnaise

\$8.99

PAR 3 CHICKEN SANDWICH (CREATE YOUR OWN UP TO 3 INGREDIENTS)

Grilled chicken breast (blackened or lemon pepper seasoning optional) on a toasted kaiser bun

- Cheese • Applewood Bacon • Forest Ham • Avocado
- Guacamole • Mushrooms • Sautéed Onions • BBQ Sauce

All chicken sandwiches are served with lettuce, tomato, pickles & onions. Herb mayonnaise available

\$8.99

PAR 3 BURGER (BUILD YOUR OWN UP TO 3 INGREDIENTS)

Charbroiled half-pound patty on a toasted kaiser bun

- Cheese • Applewood Bacon • Avocado
- Guacamole • Mushrooms • Sautéed Onions • BBQ Sauce

All burgers served with lettuce, tomato, pickles and onions. Herb mayonnaise available

\$9.99

SANDWICHES

PECAN-GRAPE CHICKEN OR TUNA SALAD AS A SANDWICH OR WRAP

Served on choice of bread or grilled tortilla with lettuce and tomato

\$8.99

SMOKED TURKEY SANDWICH

Sliced smoked turkey and monterey jack cheese on grilled sourdough bread with roasted red pepper marmalade

\$8.99

NEW

GRILLED AHI TUNA BURGER

Sliced avocado, pickled ginger, wasabi mayonnaise and orange soy vinaigrette field greens

\$10.99

BUFFALO CHICKEN AVOCADO WRAP

Crispy or grilled chicken, blended cheeses, applewood bacon, lettuce, tomato, herb mayo and wing sauce wrapped in a jalapeño cheddar tortilla

\$9.99

THE VALLEY'S TRILOGY MINIS

Marinated skirt steak with sliced avocado and pepper jack cheese. Maryland crab cake with chipotle mayo and poblano avocado salsa. Grilled Hereford burger with marinated portabella mushrooms and swiss cheese

\$10.99

NEW

GRILLED SHRIMP AND FETA CHEESE WHEAT WRAP

Grilled shrimp, feta cheese, romaine lettuce and raspberry vinaigrette

\$9.99

SV FRENCH DIP

Sliced prime rib, caramelized onions and swiss cheese on a hoagie bun with a side of au jus

\$9.99

NEW

ANCHO MARINATED SKIRT STEAK WRAP

Grilled skirt steak, pepperjack cheese, pico de gallo, caramelized onions and chipotle ranch dressed field greens

\$9.99

SHADOW VALLEY TURKEY REUBEN

Sliced smoked turkey, sauerkraut, swiss cheese and thousand island dressing on pumpernickel rye bread

\$8.49

NEW

SOY MARINATED GRILLED TURKEY BURGER

With balsamic glazed grilled onions, basil pesto mayo, grilled asparagus and field greens with a cranberry vinaigrette

\$8.99

ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF ONE SIDE ITEM:

Beer-battered onion rings, french fries, seasonal fruit, cottage cheese, coleslaw, house-made potato chips or pasta salad.

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ENTREES

SERVED AFTER 5:00 PM DAILY

ALL ENTREES COME WITH YOUR CHOICE OF CUP OF SOUP DU JOUR OR HOUSE SALAD

CHEF'S HEALTHY PASTA

*Whole wheat penne with leeks, asparagus, trumpets, zucchini, yellow squash and wilted greens
in basil parmesan pesto with fresh parmesan cheese*

Plain \$11.99 Chicken \$13.99 Shrimp \$15.99

NEW

PARMESAN CRUSTED ATLANTIC SALMON

Pesto roasted garlic couscous, wilted spinach and a balsamic reduction

\$17.99

NEW

SMOKED BACON STUFFED CRAB CHILEAN SEA BASS

Roasted fingerling potatoes, wilted swiss chard and passion fruit butter cream

\$19.99

NEW

PORK APPLE BASIL SAUSAGE STUFFED CHICKEN BREAST

Cranberry roasted almond, sundried tomato rice pilaf, and fine herb cream sauce

\$16.99

NEW

BLENDED SPICED SMOKED PORK TENDERLOIN

Cheddar whipped potatoes, grilled asparagus, wilted winter greens and bourbon cherry pork jus

\$18.99

NEW

BLENDED SPICED SMOKED LAMB CHOPS

Pancetta leek risotto, grilled asparagus and rosemary lamb jus

\$22.99

NEW

BLUE CHEESE CRUSTED TENDERLOIN OF BEEF

*Parmesan truffled sweet potato fries, asparagus, grape tomatoes,
spinach medley and roasted shallot jus*

\$24.99

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KIDS MENU

AGES 12 AND UNDER

GRILLED CHEESE SANDWICH*

\$3.99

HOT DOG OR CORN DOG*

\$3.99

HAMBURGER OR CHEESEBURGER*

\$3.99 With Cheese \$4.49

SPAGHETTI AND MEATBALLS

\$3.99

MACARONI AND CHEESE*

\$3.99

FISH AND CHIPS

\$3.99

HOMEMADE CHICKEN STRIPS*

2 Piece \$3.99 3 Piece \$4.99

BUILD YOUR OWN PIZZA WITH TWO TOPPINGS

\$3.99

GRILLED CHICKEN BREAST OR GRILLED SIRLOIN

WITH MASHED POTATOES AND CORN

\$5.29 or \$7.49

*SERVED WITH:

Fries, Homemade Chips, Fruit, Pasta Salad, Coleslaw or Macaroni and Cheese

DRINKS

Coke, Coke Zero, Diet Coke, Sprite, Dr. Pepper, Diet Dr. Pepper, Root Beer,
Lemonade, Fruit Punch, Milk

\$1.49

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BREAKFAST

SATURDAY AND SUNDAY 8:00 AM TO 11:00 AM

PANCAKES AND WAFFLES

All served with syrup and choice of side:
Maple Applewood bacon, sausage links or a fruit cup

LEMON ALMOND PANCAKES

with honey whipped cream

\$6.99

BLUEBERRY PANCAKES

\$6.99

SHORT STACK

With choice of whipped cream, belgium chocolate
or sliced strawberries

\$5.99

THE OVERLOOK WAFFLE

With choice of whipped cream, belgium chocolate
or sliced strawberries

\$5.99

SANDWICH AND WRAPS

Served with a cup of fresh fruit

THE OVERLOOK BREAKFAST SANDWICH

With ham, two eggs, American cheese
on grilled sourdough and your choice of Maple
Applewood bacon and or sausage links

\$6.99

THE WORKOUT EGG WHITE WHEAT WRAP

Five egg whites with tomatoes, peppers, onions
and pico de gallo served on a toasted wheat wrap

\$5.99

THE OVERLOOK BREAKFAST BURRITO

Diced Maple Applewood bacon, sausage
and pico de gallo

\$6.99

BREAKFAST SPECIALTIES

All breakfast specialties served with choice of two:
Maple Applewood bacon, sausage links, breakfast
potatoes, toast or a biscuit

PAR 3 OMELET (CHOOSE 3)

Jalapeños, onions, tomatoes, peppers, ham, Applewood
bacon, mushrooms, diced chicken or blended cheeses

\$8.99

BISCUITS AND GRAVY

Housemade biscuits and peppered gravy with sausage,
bacon and your choice of eggs

\$7.99

THE OVERLOOK EGGS BENEDICT

Two poached eggs, thinly sliced canadian bacon,
english muffins, truffle whipped hollandaise sauce
and grilled asparagus

\$9.99

EGGS ANY STYLE

Two eggs cooked to your specifications
(Over easy, over medium, over hard, basted,
poached or scrambled)

\$6.99

HUEVOS RANCHERO'S

Two flour tortillas with two eggs cooked to your
speciation. Black bean puree, roasted tomato salsa,
pepperjack cheese, sour cream and guacamole

\$10.99

ANCHO MARINATED SKIRT

STEAK AND EGGS

8oz Grilled marinated skirt steak topped with
pico de gallo, pepperjack cheese and two eggs cooked
to your specifications

\$11.99